

Empower Yourself!

Self-Advocacy Training



Empower Yourself! is a self-advocacy training for people with disabilities to learn how to be an effective self-advocate. Topics will include: self-determination, assertiveness, communication, goal setting and making changes.

WHEN: Tuesday, February 14th 1:00 p.m. – 4:30 p.m.

WHERE: Disability Action Center, Inc.- Midlands Office
136 Stonemark Lane; Suite 100
Columbia, South Carolina 29210

To register - please contact Dori no later than February 7th at: 1-800-681-6805 or dtempio@dacsc.org

DAC

DISABILITY ACTION CENTER

I N C O R P O R A T E D

This handout is available in alternative formats